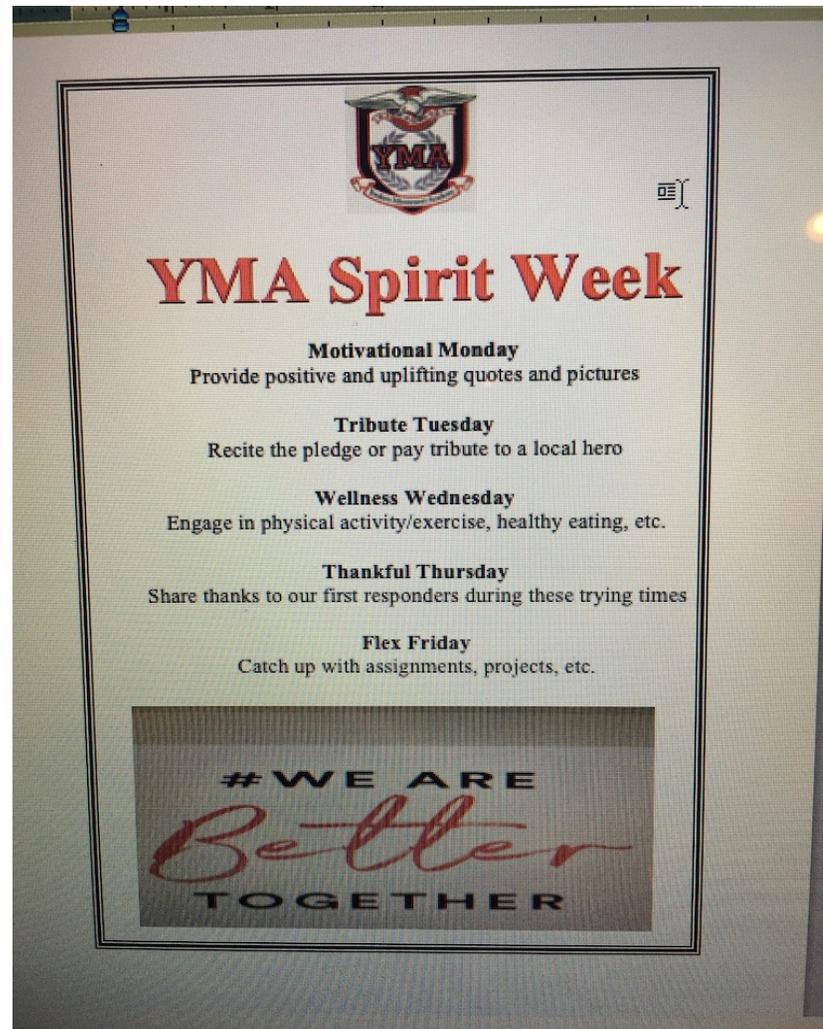


# Mrs. Faour/Mrs. Goodrich



The poster features the YMA logo at the top center, which includes a shield with a caduceus and the letters 'YMA'. To the right of the logo is a small icon of a computer monitor. The main title 'YMA Spirit Week' is written in a large, red, serif font. Below the title are five days of activities, each with a bold heading and a descriptive sentence. At the bottom, there is a dark rectangular box containing the text '#WE ARE Better TOGETHER' in a mix of black and red fonts.

**YMA Spirit Week**

**Motivational Monday**  
Provide positive and uplifting quotes and pictures

**Tribute Tuesday**  
Recite the pledge or pay tribute to a local hero

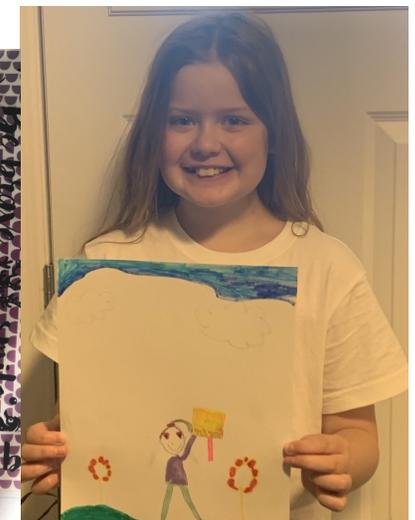
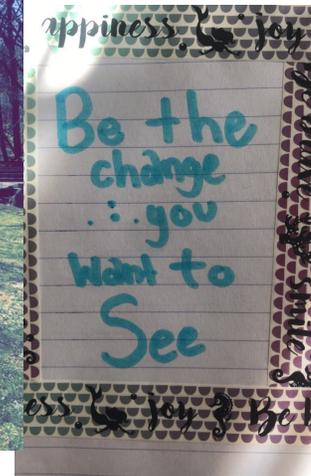
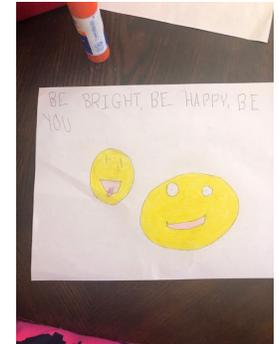
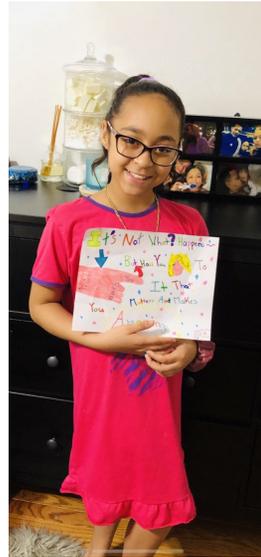
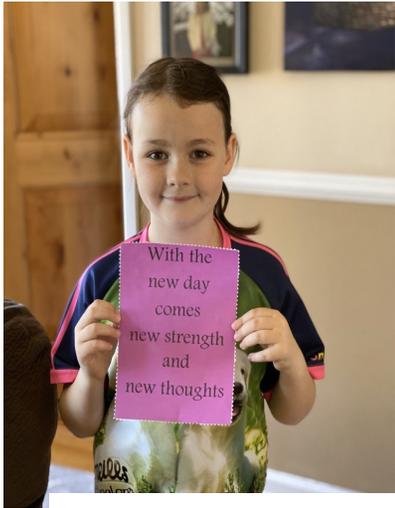
**Wellness Wednesday**  
Engage in physical activity/exercise, healthy eating, etc.

**Thankful Thursday**  
Share thanks to our first responders during these trying times

**Flex Friday**  
Catch up with assignments, projects, etc.

**#WE ARE  
Better  
TOGETHER**

# Motivational Monday



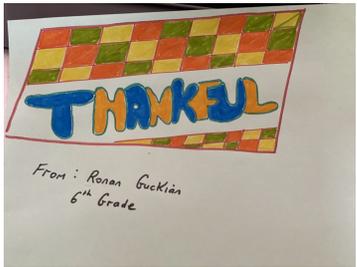
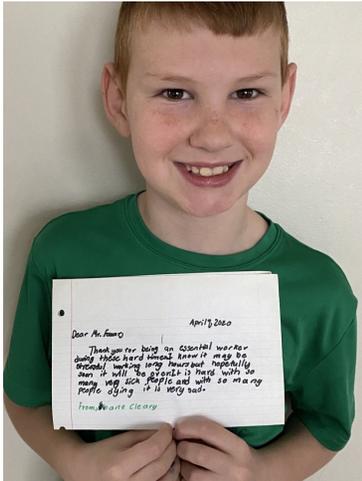
# Tribute Tuesday

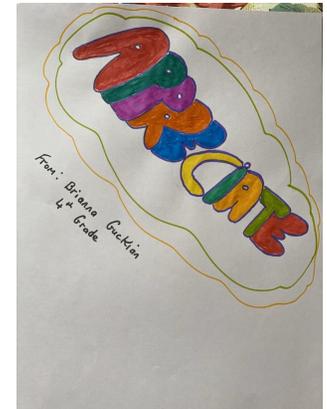
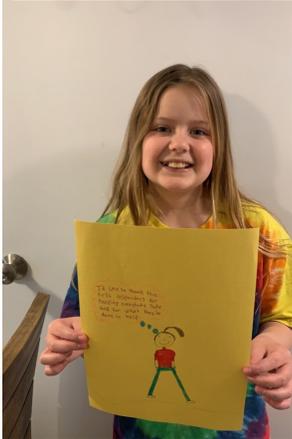


# Wellness Wednesday

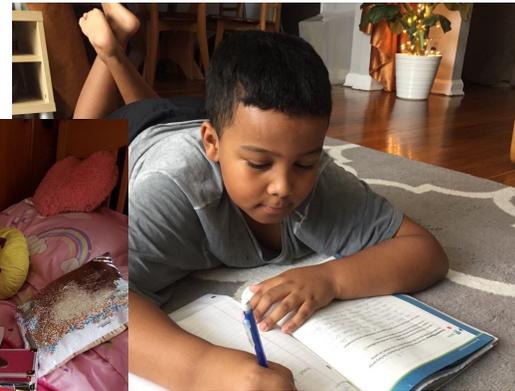
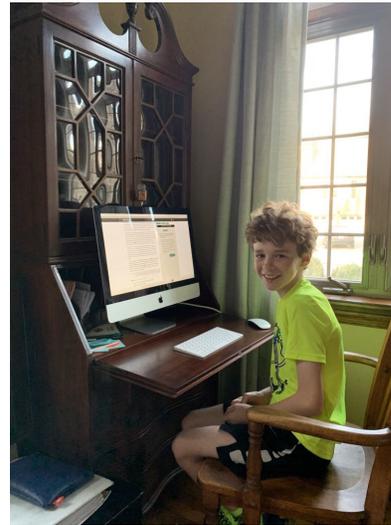
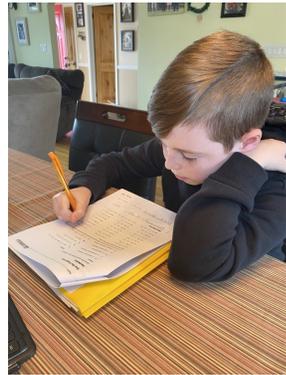


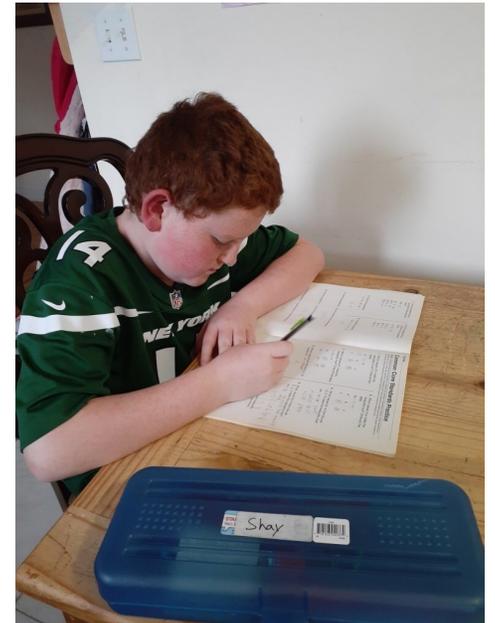
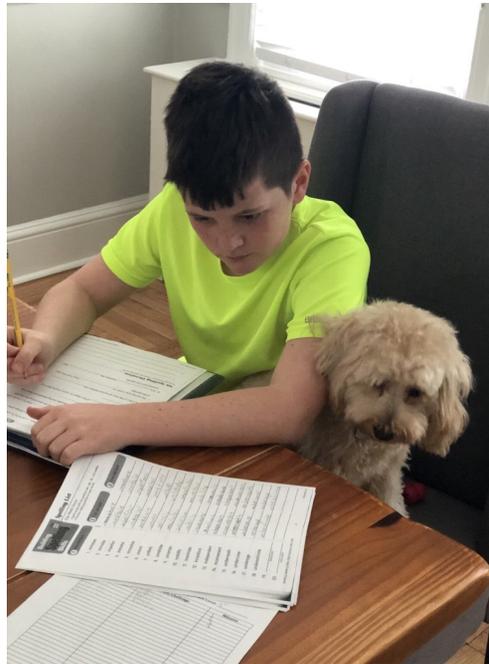
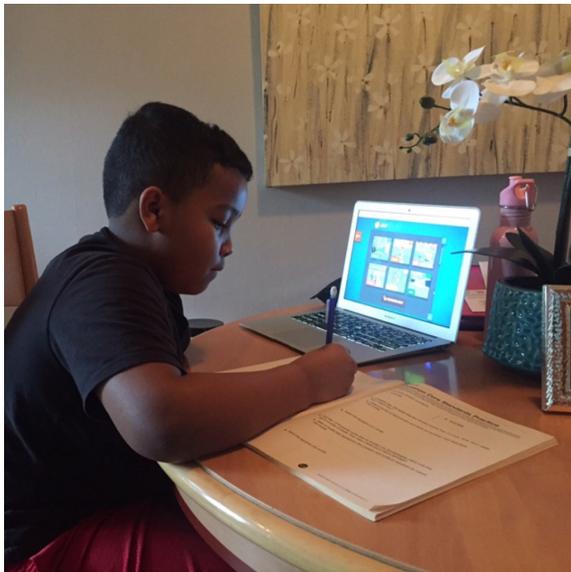
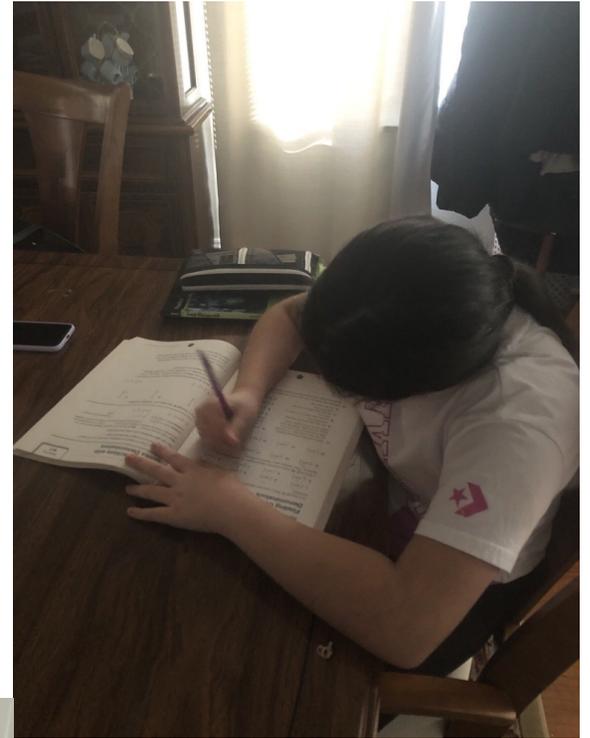
# Thankful Thursday





# Flex Friday







**Thank You for all our  
Participants  
The END!**